

BRENNERS

Medical Care



BRENNERS PARK-HOTEL & SPA
BADEN-BADEN

Ultimate Medical Health

14 DAYS

Our Ultimate Medical Health package offers the highest level of preventative care—delivered with clinical excellence and uncompromising comfort. Your wellbeing is our utmost priority. To ensure your stay is fully personalised to your needs, we recommend scheduling appointments at least three weeks in advance.

Included Services:

- Comprehensive medical history, detailed clinical examination, and final treatment consultation
- Full laboratory diagnostics with in-depth discussion of results
- Urinalysis and immunological stool analysis
- Acid-base balance evaluation via blood gas analysis
- Detailed ultrasound examination of abdominal organs
- Duplex sonography of the thyroid gland and carotid arteries
- Cardiovascular function assessment using ergometry
- Resting and stress ECG, plus echocardiography (duplex sonography of the heart)
- Pulmonary function testing, including assessment of oxygen metabolism
- Evaluation of the autonomic nervous system, including heart rate variability analysis
- Medical analysis of physical activity patterns and nutritional behaviour
- Personalised consultation on physical performance in sport and exercise
- Vascular function assessment
- Musculoskeletal evaluation and therapy, including the development of an individualised training plan
- Final medical report with laboratory results and tailored dietary recommendations
- Comprehensive body composition analysis with nutritional guidance

Additional in-depth Diagnostics:

- Urological and gynaecological screenings tailored to individual needs
- Whole-body MRI for early detection and preventive diagnostics
- Skin cancer screening for early identification of dermatological concerns
- Genetic analysis to evaluate inherited health risks and inform personalised care
- Gastroscopy and colonoscopy for comprehensive gastrointestinal evaluation
- Complete dental examination to assess oral and periodontal health

Medical Wellness Treatments:

- 3 Personalised intravenous infusions tailored to individual health needs
- 2 Deep relaxation treatments using singing bowls or acupuncture
- 2 Colon hydrotherapy sessions to cleanse the intestines, support detoxification, and stimulate metabolism
- 2 Ozone therapy sessions to enhance immune function and improve oxygen transport in the bloodstream
- Physiotherapeutic evaluation to customise your individual therapy plan
- 2 sessions each of: PhysioPlus, Medical Movement Training, LymphBalance

Price: € 39,450 per person

Please note: accommodation is not included. A minimum stay of 14 nights is required. Arrivals are on Sundays or Tuesdays, with the programme commencing the following day. Prices may vary depending on the service provided.

We reserve the right to make changes to the Packages at any time.



OETKER HOTELS

Masterpiece Collection

Schillerstraße 4/6, 76530 Baden-Baden
Telefon +49 (0)7221 900-0