

VIVAMAYR

medical health resort

MODULE

# Health Check



YOUR  
HEALTH  
OUR  
COMMITMENT

A comprehensive health check is the foundation for long-term vitality and well-being. Building on VIVAMAYR PURE, the VIVAMAYR Health Check offers you an exclusive opportunity to analyze your current state of health in detail, identify risks early on, and take targeted preventive action.

YOUR PATH TO  
OPTIMAL HEALTH

By choosing the VIVAMAYR Health Check, you are opting for individually tailored health support. Modern diagnostics, well-founded evaluations, and personal care enable you to clearly understand, specifically optimize, and maintain your health in the long term.

The VIVAMAYR Health Check makes prevention tangible: through early analysis and individual recommendations, you gain control over your health. This allows risks to be reduced and your quality of life to be secured for the long term.

01

**Prevention is care**

By identifying potential stressors early, preventive measures can be taken before symptoms arise. Our VIVAMAYR Health Check supports you in this process.

02

**State-of-the-art diagnostics**

This module offers comprehensive prevention using the latest technology: ultrasound diagnostics of the abdomen, vessels, and thyroid, as well as vascular diagnostics and ECG. This provides valuable insights into your health – quickly, safely, and professionally.

03

**Individual care**

Based on the results, you will receive tailored recommendations that specifically support your vitality, performance, and regeneration. Each measure is adapted to your needs, allowing you to sustainably increase your well-being.

04

**When we recommend this module**

This module is designed for individuals who want to take responsibility for their health, engage in proactive prevention, or seek specific medical clarity. For those with high professional or private demands, our Health Check also offers the opportunity to achieve lasting health.

MEDICAL  
SERVICES\*

- / Routine lab tests
- / Ultrasound diagnostics
- / Vascular diagnostics
- / ECG

1  
1  
1  
1

MODULE PRICE

**1127 €**

\*In addition to your VIVAMAYR PURE Master Program, combinable with other modules.

**VIVAMAYR**  
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Your new life begins where  
ancient wisdom meets  
modern science.



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