



VIVAMAYR PURE

The foundation for your
health + 6 modules

WHAT IS
VIVAMAYR PURE?

Discover a tailored health concept with VIVAMAYR for sustainable health and a renewed sense of well-being.

VIVAMAYR PURE forms the foundation for all modules and creates the basis for a holistic, medically supervised orientation of your stay. It provides our team with a comprehensive overview of your well-being and ensures that all subsequent treatments can follow harmoniously. In this way, VIVAMAYR PURE also supports the long-term impact of all your chosen health focuses.

Through personal medical care, careful analysis, and individually tailored recommendations, a cohesive overall concept is created that conveys safety, clarity, and trust. It promotes balance, regeneration, and inner stability, ensuring that every measure is used specifically and effectively. The result is a harmonious combination of medical expertise, individual care, and tranquility that rounds off your stay holistically and supports your well-being at the highest level.

		1 WEEK	2 WEEKS
MEDICAL SERVICES*	/ Initial medical examination	1	1
	/ Final medical examination	1	1
	/ Functional myodiagnosics	1	1
	/ Medical manual abdominal treatment	3	8
	/ Nutritional counseling	1	1
	/ Acid-base mineral analysis	1	1
	/ Free radicals & biological antioxidant potentials	1	1
	/ CardioScan Body & Metabolism	1	1
	/ Urine analysis	1	1
	/ Metabolic and training assessment	1	1
	/ HRV measurement (Heart Rate Variability)	1	2
	/ Yoga or Shiatsu	1	2
	/ Movement therapy	2	4
	/ Massages	3	6
	/ Electrolysis foot bath	2	3
	/ Herbal bath or mud wrap	2	4
/ Salt scrub	1	2	
PRICE	1 Week	2.951€	
	2 Weeks	4.590€	

*VIVAMAYR PURE is an integral part of every stay; based on this foundation, various modules can be combined with it in consultation with the medical team.

VIVAMAYR
medical health resort

Your new life begins where
ancient wisdom meets
modern science.



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www.vivamayr.com

